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My daughter Kalea is 4-and-a-half. Her favorite colors are pink, purple and gold, especially if they're sparkly. She loves to dress up as a princess or a fairy. Her preferred books are about princesses, dragons, fairies, witches and castles... not to mention Prince Charming coming to the rescue. Wings, whether on Barbie or on unicorns, are not unusual in her world, and she knows Peter Pan and the Tinker Bell movies inside and out...

She told me, however, that she did not actually believe in fairies until I came home one Sunday evening following a weekend in Vaud with this photo taken by a friend.

For anyone who's been to the area, they know it is a magical place with healing energy located along the ancient pilgrimage route between Canterbury and Rome. But fairies? Really? Even Kalea was skeptical. Then she saw the photo. So, do fairies exist? Why not?! If you believe in God, (which the majority of us do) or in angels or miracles, then, is believing in fairies really such a great leap of faith?

During the past few years, my life has been overflowing with experiences that can only be described as magical and miraculous. I learned that people can become empowered to heal themselves through their own energy, their connection to Divine energy, intention and love. I learned that children choose their parents in order to learn the life lessons they decided to learn in this lifetime, which

frees everyone from the debilitating blame game that often accompanies a parent-child relationship throughout their lives. I learned that I can stop the pain in the shoulder of my 80-year-old father even at a distance of 6,000 kilometers and, something that is for me even more astounding, he actually asked me to do it.

So, from my perspective the presence of the fairies was just a further confirmation that we are living in the age when esoteric thinking and practices are coming "out of the woods." Alternative energy therapies and holistic healthcare are becoming more and more mainstream. The widespread acceptance of the benefits of alternative medicine are resulting in a massive increase in the use of natural diets and herbal remedies, psycho-spiritual counseling, meditation, breathing exercises, acupuncture, homeopathy and energy healing. Reiki is being offered more frequently in hospitals in the US, and even distance healing from coupeurs de feu is being performed on burn victims at the cantonal hospital in Geneva (HUG) (but you won't find it on their website). I'm not surprised that fairies are showing up on digital cameras.

Why did the fairies allow themselves to be captured? Perhaps it is for no other reason than to share the photo with others and to explain my belief in the miracles I have experienced in the last few years. It has made me more aware—especially of the beauty and the secrets of nature, particularly in this breathtaking part of the world. I don't really know why, but I felt compelled to share this with you. That is the true magic.